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Thomas Moore

Bridgewater State University, MOORE@bridgew.edu

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Two notes on certain relationships among triangular numbers

T. E. Moore
Mathematics Department
Conant Science and Mathematics Center
Bridgewater State University
Bridgewater, MA 02325

We became interested as to what cubes of positive integers could be expressed as the difference of integer squares. A familiar algebraic maneuver came to mind. Suppose that $x^3 = a^2 - b^2$ and $y^3 = c^2 - d^2$. Then $(xy)^3 = x^3 y^3 = (a^2 - b^2)(c^2 - d^2) = a^2 c^2 - a^2 d^2 - b^2 c^2 + b^2 d^2$, and so

$(xy)^3 = a^2 c^2 + 2abcd + b^2 d^2 - a^2 d^2 - 2abcd - b^2 c^2 = (ac + bd)^2 - (ad + bc)^2$. This mechanism provides a way to generate infinitely many cubes of positive integers as such a difference, perhaps necessitating the use of absolute values applied to the last expression. As a matter of fact, it is clear that n th powers may replace the cubes above. However, sticking to cubes will pay a dividend. Consider these particular examples without reading beyond them:

$$\begin{aligned}3^2 - 1^2 &= 8 \\6^2 - 3^2 &= 27 \\10^2 - 6^2 &= 64 \\15^2 - 10^2 &= 125\end{aligned}$$

I hope the reader had the thrill of discovering that the squares used are the squares of consecutive *triangular numbers*. Recall that these numbers form the sequence 1, 3, 6, 10, 15, 21, ... , with general term $t_n = \frac{n(n+1)}{2}, \forall n \geq 1$. This immediately suggests that $t_n^2 - t_{n-1}^2 = n^3, \forall n \geq 2$, a fact that is easily verified algebraically.

We also observed that

$$\begin{aligned}1^2 + 3^2 &= 10 = T_4 \\3^2 + 6^2 &= 45 = T_9 \\6^2 + 10^2 &= 136 = T_{16} \\10^2 + 15^2 &= 325 = T_{25}\end{aligned}$$

suggesting that $T_n^2 + T_{n+1}^2 = T_{T_n + T_{n+1}}, n \geq 1$, and this pleasant fact is easily verified algebraically.

Also, we can show that there are infinitely many triangular numbers satisfying $T_a + T_b = T_c^2$.

The computations

$$T_2 + T_3 = 3 + 6 = 9 = T_2^2$$

$$T_5 + T_6 = 15 + 21 = 36 = T_3^2$$

$$T_9 + T_{10} = 45 + 55 = 100 = T_4^2$$

$$T_{14} + T_{15} = 105 + 120 = 225 = T_5^2$$

suggest that $T_{T_n-1} + T_{T_n} = T_n^2, n \geq 2$, again verifiable algebraically.